

## For Further Study April 9-15



THE FOURTH COMMANDMENT Exodus 20:8

***“Remember the Sabbath day by keeping it holy.***

Read and reflect on the Heidelberg Catechism and its answer to the believer fulfilling the fourth commandment. In what ways does this support or challenge your understanding of Sabbath?

Q & A 103

**Q. What is God's will for you in the fourth commandment?**

A. First,

that the gospel ministry and education for it be maintained,<sup>1</sup>  
and that, especially on the festive day of rest,  
I diligently attend the assembly of God's people<sup>2</sup>  
to learn what God's Word teaches,<sup>3</sup>  
to participate in the sacraments,<sup>4</sup>  
to pray to God publicly,<sup>5</sup>  
and to bring Christian offerings for the poor.<sup>6</sup>

Second,

that every day of my life  
I rest from my evil ways,  
let the Lord work in me through his Spirit,  
and so begin in this life  
the eternal Sabbath.<sup>7</sup>

## **Read John 4:19-26**

Jesus instructs the woman at the well in what it means to worship in “Spirit and in Truth”

What does it mean for us to “Worship in the Spirit?”

What does it mean for us to worship in Truth?

We all have many experiences of worship through the course of our lives. Churches express worship to God in different ways. Think back to the different worship services that you have participated in and answer the following questions.

1. How did worship honor and praise God?
2. Did worship bring together both the elements of “In Spirit and in Truth”?
3. What about worship engaged me as a worshipper?
4. What practices or traditions confused or frustrated my ability to worship?

## **Ready Isaiah 6:1-7**

How does Isaiah describe worship in this passage?

What specific elements of worship are pointed out here?

In what ways do you see these elements present in our worship here at Trinity Church?